



Broxburn and District ASC

Covid19 Policy



September 2020

Policy Statement

Broxburn and District ASC are committed to providing a safe environment for swimmers, coaches, parents/guardians and poolside volunteers. At this time additional safety measures require to be in place to allow swim training to take place whilst ensuring that every step is taken to suppress the Covid19 virus.

This policy sets out the measures in place to allow Broxburn ASC training sessions to safely take place. Everyone has a role to play in keeping others safe. To participate in training swimmers will be required to adhere to the principles below.

Who Is Affected By This Policy

All swimmers, coaches, parents/guardians, volunteers and club partners are affected by this policy and should ensure that they have read and understood it.

Any queries regarding this policy should be raised with the Covid Lead Officer – Claire Hay – broxburnascvp@gmail.com or 07768536640. You can share these details with a member of the NHS Scotland Test and Protect Scheme if necessary.

Core Principles

- Swimmers or parents/guardians who do not adhere to the following core principles potentially put others at risk and therefore non-compliance will result in a swimmer not being allowed to participate in training sessions.
- Broxburn and District ASC will follow guidance issued by the Scottish Government, Scottish Swimming, Xcite and Club internal policies and procedures.
- A risk assessment will be in place for each training venue at which Broxburn and District ASC train. This risk assessment will be updated on a regular basis to identify any new risks. This will take account of the size and nature of the pool, the number of swimmers attending sessions and operational systems in place by Xcite etc.
- A Covid Liaison Officer will be present at every training session to respond to any Covid related issues. All Liaison Officers have been PVG checked by Broxburn and District ASC.
- Swimmers should follow Government guidance and any swimmer who is displaying Covid19 symptoms or who is required to self-isolate or quarantine **must not** attend training sessions. The Covid Officer or the Coach have the right to refuse training to any swimmer they believe may have symptoms or should be self-isolating.
- Swimmers must follow the one-way systems and any local measures put in place by Xcite e.g. use of sanitiser stations and use of masks.
- All swimmers will be required to complete and return a Covid health questionnaire and Covid declaration. A swimmer cannot commence training without submitting the health questionnaire and Covid declaration documents. Any changes to the responses provided in the health assessment will require an updated questionnaire to be completed. These should be submitted to the Covid Lead Officer at broxburnascvp@gmail.com

Prior to attending the pool

- Any swimmer who is not feeling well, (including non Covid related), should not attend the training session.
- Swimmers should have a full water bottle which is clearly labelled and ideally should not be filled up at the pool during the training session.
- Swimmers should take time to stretch and warm up prior to coming to training as poolside space is limited.

Arriving and using the pool

- Swimmers should arrive at the pool with their swimwear on under clothing which can easily and quickly be removed without time in the changing rooms.
- Swimmers should be “dropped off” at the door of the swimming pool in time for their session commencing. Please note there may be changeover sessions between swimmer groups and therefore swimmers should not arrive more than 5 minutes before the training session is due to start. Only one parent/guardian should come to the pool, parents/guardians are not permitted enter the pool building.
- A register of attendees will be taken for all training sessions. This will include a parent/guardian emergency contact number should the swimmer require to leave during the training session. Please see the Covid19 Privacy Notice which states the legal basis for processing this information, how it will be stored, how long it will be retained for and who it may be shared with.
- Swimmers should not share equipment e.g. goggles, kickboards, water bottles etc. Xcite equipment will not be available for use.
- In line with Government guidance, Swimmers aged 12 and over are required to follow social distancing guidance on deck and in the pool.
- Where possible, swimmers should avoid using toilet facilities however if they need to be used then swimmers should wash their hands thoroughly for at least 20 seconds and should avoid touching their mouth or nose with unwashed hands.
- If a swimmer becomes unwell during a training session, they will be asked to leave the pool immediately and the emergency contact detailed on the register will be called. In these circumstances it is expected that children will be collected at the earliest opportunity.

Leaving the pool

- Swimmers should dry off quickly and dress without showering.
- Parents/guardians should wait outside the exit to collect swimmers. Parents should ensure they are outside in time for their swimmer leaving the pool and are adhering to “social distancing” guidance while waiting.
- Swimmers should undertake cool down stretches upon return home.
- Any kit which has not been washed in pool water should be washed with anti-bacterial wipes with a minimum alcohol level of 60%

Responsibilities

Broxburn ASC Committee will ensure all measures put in place are in line with Scottish Swimming and Xcite requirements.

Parents must ensure their swimmer(s) only attend training if they are fit to do so. If a swimmer shows any signs of being unwell they should not be taken to training.

Parents must ensure their swimmer(s) fully understand the core principles prior to attending a training session and the swimmer's Covid declaration and health assessment paperwork is submitted. Parents must also adhere to Scottish Government Covid19 guidance and the core principles of this policy.

All swimmers must follow the core principles.

Monitoring and Auditing

This policy will be updated on a monthly basis or in line with legislative or professional body changes.

Raising Concerns

If parents/guardians or swimmers have any concerns prior to returning training or following a training session then please make a club official aware:

- Club President – Russel Close – broxburnascpresident@gmail.com
- Covid Lead Officer – Claire Hay – broxburnascvp@gmail.com
- Wellbeing and Child Protection Officer – Kevin McCallum - broxburnasc-cpo@gmail.com

Documents related to this policy

- Covid Health Questionnaire
- Covid Declaration
- Covid Privacy Statement